# CDU Receipt

**Can You Hear Me Now?**

Communication is critical to our success. And yet, many of us still struggle with the communications and interactions we’re having with those around us on a day to day basis. Taking even a few moments to consider and hone our approach to communication can provide an exponential return on any time we’ve invested. If you can tackle only one challenge facing you today, tackle the leading cause of business setbacks, and improve your communication!

This session is perfect for individuals who are:

* Feeling like their message doesn’t get through
* Wondering if their voice is even heard
* Frustrated by communications within their office that fall flat or escalate out of hand

Highlighting critical communication tools and techniques, this session will introduce three principles of effective communication, as well as an interactive overview and application of four common communication styles, including how to recognize them, and what to do about them. Participants will walk away with a simple, reusable tool and process to help you communicate more effectively.

**ID:** IIBACIC2017\_009  
**Contact Hours:** 1

**BABOK Coverage:**  BABOK v3, Chapter 10, Techniques

## Presenter(s)

**Sinikka Waugh**, PMP, President, Your Clear Next Step

## Event Details

## **Date:** 28-Sep-2017 at 11 am

**Host:** Wellmark

**Location:** 1331 Grand Ave, Des Moines, IA 50309

# Validation

This receipt is proof of attendance at the meeting described above by the following individual:

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Attendee Name